

## Drug Status Report

**Drug:** Higher Power M1T2

**Drug Name Status:** Higher Power M1T2 is the brand name.

This is a nutritional supplement containing the following ingredients:

Tongkat Ali Extract

3, 5, 4'-Trihydroxystilbene

L-Arginine Alpha-Ketoglutarate

Tribulus Terrestris 40%

Jujube P.E.

Polygonum Multiflorum Ext. 5:1

Polyrachis Ant Ext. 5:1

Tongkat Ali<sup>1</sup> is a tree native to parts of Asia which is considered to have medicinal properties. It is also known as Eurycoma Longifolia.

Resveratrol (trans-3,5,4'-trihydroxystilbene), a compound found largely in the skins of red grapes, is a component of Ko-jo-kon, an oriental medicine used to treat several diseases.

L-Arginine Alpha-Ketoglutarate is a derivative of a common amino acid.

Tribulus Terrestris has been reviewed before and is listed as non-controlled.

Jujube P.E., also known as Ziziphus zizyphus, Rhamnus zizyphus, Red Date, or Chinese Date, is a species of Ziziphus in the buckthorn family Rhamnaceae, used primarily for its fruits. The fruits are used in Chinese and Korean traditional medicine, where they are believed to alleviate stress

Polygonum Multiflorum also known as Chinese knotweed or Flowery knotweed, is a widely used Chinese herb. It is said to rejuvenate the body.

Polyrachis Ant are dried ants from which an extract may be made. It is a traditional oriental product.

Canadian Status: Based on the information on the website, <http://www.bodybuilding.com:80/store/hp/m2.html>, Higher Power M1T2 does not contain any substances listed on the schedules to the CDSA.

Recommendation: Higher Power M1T2 is not a controlled substance.

March 6, 2008

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<sup>1</sup> <http://www.raysahelian.com/eurycoma.html>